

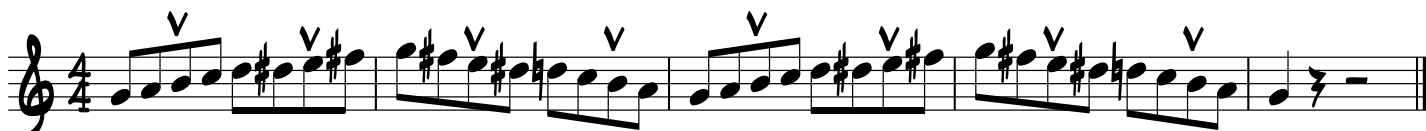
EXTREME METRONOME PRACTICE

FROM DIGGING DEEPER JAZZ VIDEO #25

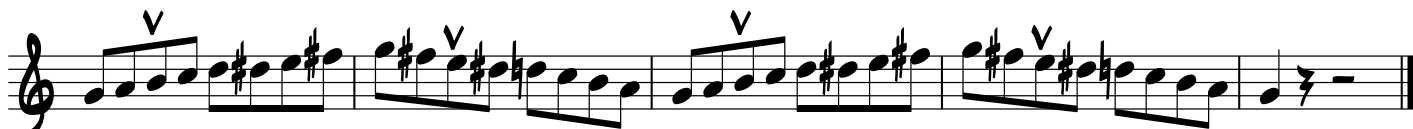
The metronome should simply be a TOOL that we use to "check in with on occasion," not a crutch that carries our butts around!! Here is a great way to get more out of your metronome, and a way to develop YOUR abilities with time and momentum. Without time and momentum, GROOVE and FEEL will be much harder to come by. The ideas here are a hugely important gateway to developing a more professional presentation of your sound.

The G major Be Bop scale is used throughout as an example.
The "V" symbol indicates where the metronome will click.

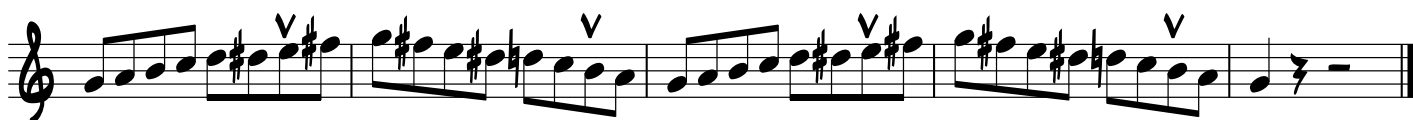
- 1 Metronome clicking on 2 + 4. This is HUGELY important for developing a jazz feel.



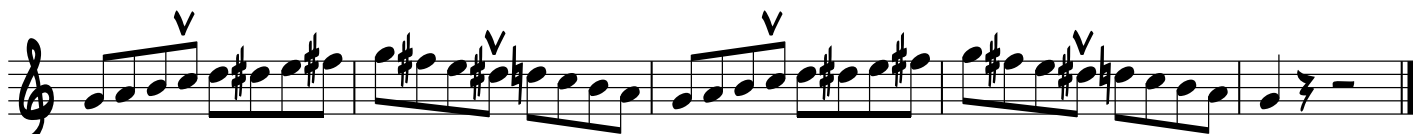
- 2 Metronome clicking on JUST 2. This makes us "more responsible" for the time.



- 3 Metronome clicking on JUST 4. Again, this makes us "more responsible" for the time.



- 4 And now go nuts. Really hone your sense of time and subdivision. How about the "+ of 2"?



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